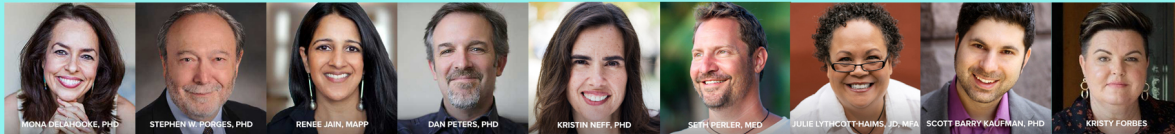


BRIGHT & QUIRKY CHILD SUMMIT

TAME THE OVERWHELM

March 8-12, 2021

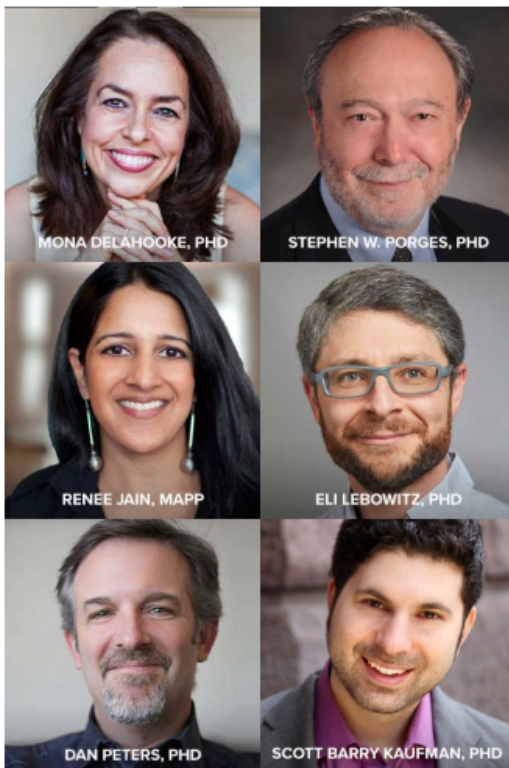


Bright & Quirky Summit 2021 Schedule of Events

Each day of talks begins at **8am Seattle/11am NY/4pm London**. Talks will be free and accessible for 24 hours from when they air. If you won't be able to catch specific talks, upgrade to the All Access Pass for unlimited access: brightandquirky.com/summitpass/

Day 1 - March 8

TAMING STRESS, ANXIETY & WORRY



Dads: What to Do with Your Child's Meltdowns, Refusal or Other Challenging Behaviors
Mona Delahooke, PhD & Stephen W. Porges, PhD

Effective Ways to Help Your Bright Child Reclaim Their Superpowers From Anxiety
Renee Jain, MAPP

Reduce Your Child's Anxiety or OCD: The New SPACE Program for Parents of Anxious or Worried Kids
Eli Lebowitz, PhD

Bright & Quirky 101: A Quick, Shareable Overview of Twice Exceptional (2e) Kids
Dan Peters, PhD

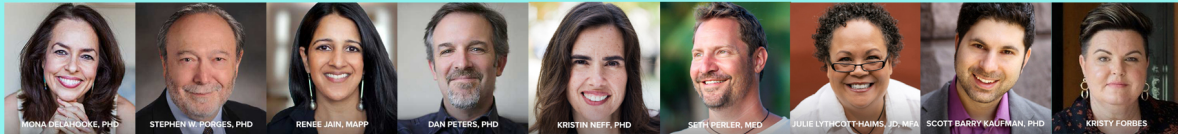
How I Transformed My Life From Struggling Student to Successful Adult Living My Passion - Talk for Kids & Teens!
Scott Barry Kaufman, PhD



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Day 2 - March 9

MOTIVATING KIDS & BALANCING TECH

How to Help Kids Tame Screen Time and Find Motivation for School

Michael Delman, MEd & Clifford Sussman, MD

Sage Advice on Becoming a Bright & Quirky Young Adult, From a Former Stanford Dean

Julie Lythcott-Haims, JD, MFA

Understanding High IQ Kids With ADHD and Co-Occurring Diagnoses

Tom Brown, PhD

Essential Tips for Parenting Complex Kids With ADHD, Autism & More

Elaine Taylor-Klaus, PCC, CPCC

Online Gaming: How to Have Fun Online, Make Friends, and Not Get Addicted - Talk for Kids!

Raffael Boccamazzo, PsyD

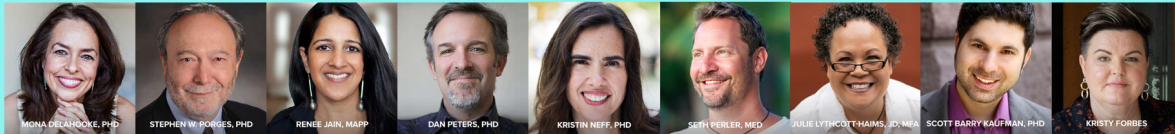




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Day 3 - March 10

THRIVING & LEARNING



Quick Tips for Teachers: What to Do When Complex Students Have Challenging Behaviors

Stephen W. Porges, PhD & Mona Delahooke, PhD

My Bright & Quirky Journey from the Principal's Office to Worldwide Stages - Talk for Kids & Teens! (Warning: Language may not be appropriate for younger kids)

Jonathan Mooney



How to Know When It's Time to Change Schools or Homeschool

Colleen Kessler, MEd

The Top 5 Things Bright & Quirky Kids and Teens Can Do Right Now to Feel Better - Talk for Kids & Teens!

George Papanicolaou, DO, IFMC



How Twice Exceptional (2e) Families Can Navigate a Difficult Year

Matt Zakreski, PsyD & Lauren Hutchinson, LMFT

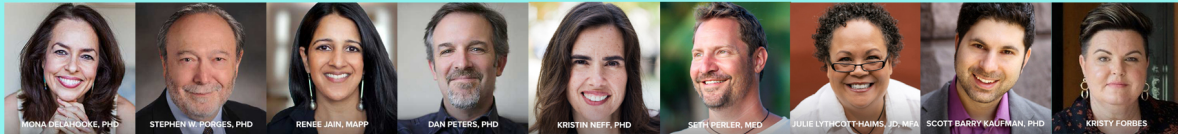




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Day 4 - March 11

NEURODIVERSITY & AUTISM

Helping Your Autistic Child Find Their Authentic Self

Kristy Forbes, GradDipEd

How to Help Bright Kids Avoid Autistic Burnout

Kieran Rose

Practical Steps to Design a Bright, Autistic, Good-Fit Life

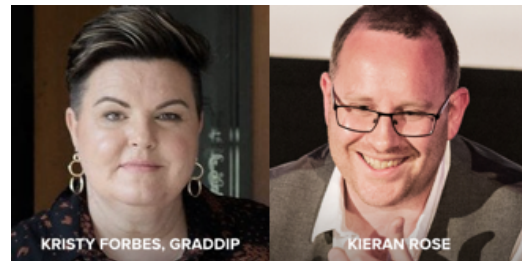
Amy C. Laurent, PhD, OTR/L & Jacquelyn H. Fede, PhD

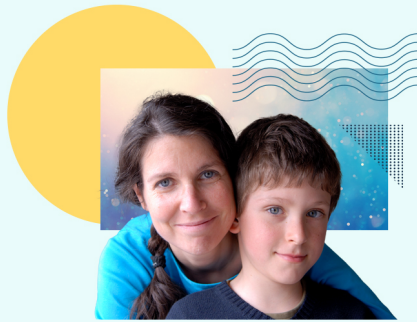
How Different Kinds of Minds Can Become Inventors and Engineers

Temple Grandin, PhD

An Insider's Guide to Understanding PDA (Pathological Demand Avoidance)

Kristy Forbes, GradDipEd

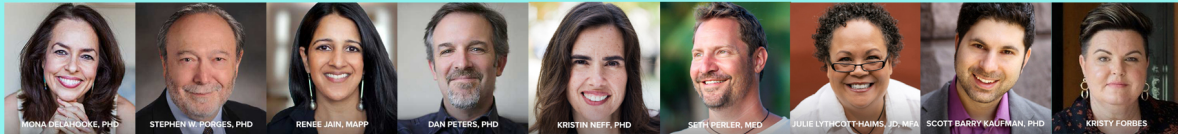




BRIGHT & QUIRKY CHILD SUMMIT

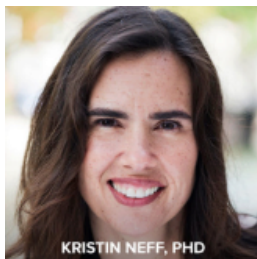
TAME THE OVERWHELM

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Day 5 - March 12

COPING, GROWING & SELF CARE



KRISTIN NEFF, PhD



DEBBIE REBER, MA

Ease the Stress of Raising a Neurodiverse Child Through the Remarkable Practice of Self-Compassion

Kristen Neff, PhD

Parenting Complex Kids in Complex Times: Using Small Wins to Make Big Progress

Debbie Reber, MA & Seth Perler, MD



SETH PERLER, MD



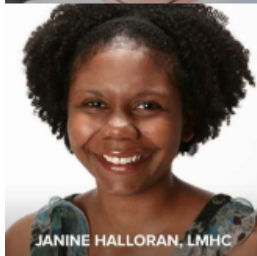
DR. LAURA MARKHAM

Tapped-out With Nothing Left to Give: a Survival Guide for Burned Out Parents of Bright & Quirky Kids

Dr. Laura Markham

Finding the Right Coping Skills That 2e Children and Teens Will Use

Janine Halloran, LMHC



JANINE HALLORAN, LMHC



STUART SHANKER, DPHIL

How to Help Stressed Out, Depressed, or Shut Down Bright & Quirky Teens

Dr. Stuart Shanker